

Kingsteignton Medical Practice

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Dear Patients

Welcome to our Covid 19 newsletter, this is to keep you informed and up-to-date with our services throughout the Covid 19 Pandemic.

Covid 19 update

This remains a challenging time for all of us and we would like to reassure you that we continue to be here for you as we have throughout the pandemic. We appreciate things are different and we have had to change our access arrangements, but we are still here and remain open. Most routine work is expected to continue, however we will suspend some things as advised by NHS England and Public Health England

As in the first lockdown please only come to the surgery if you have an appointment, for anything else please use our online services or telephone the practice. Devon will soon be in Tier 2 (high) and we must continue to operate under these rules to keep everyone safe.



It is vital that we all follow national guidance, as a community we are seeing a higher prevalence of Covid 19 than we did in the spring and this is continuing to rise. We must all do everything we can to keep ourselves and others safe in this pandemic.

Covid 19 Vaccination

The Government has asked the NHS to prepare and be ready to deliver a Covid 19 Vaccination programme. Its isn't yet certain when the vaccine will be available but our practice, along with other local practices and the Devon Clinical Commissioning Group, are working very hard to have a plan ready to implement, if and when the vaccine is ready. As you may have read or heard it is a very challenging programme due to the nature of the vaccine, the cold chain and the short shelf life.

We have no further information other than what is readily available to the general public so please do not contact us regarding this. We will of course be in touch as soon as we know more.

Face Coverings: "I protect you, you protect me"

In accordance with government guidance we are asking, if possible, that all patients wear a face covering when attending the surgery for an appointment or for any other reason.

All our staff (GPs and Nursing Team) will continue to wear PPE including medical-grade masks for all face-to-face appointments. Face coverings do not need to be medical-grade masks; a scarf or homemade coverings are acceptable and could help prevent inadvertently passing on the virus to others if you have COVID-19, whether or not you have symptoms.

Children under 11 are not required to wear face masks.



Covid 19 Research – Plasma Donors

The NHS urgently need people who have had Coronavirus to volunteer as plasma donors. To find out more please visit <https://www.nhsbt.nhs.uk/covid-19-research/plasma-donors/>

Covid 19 Long Recovery

There is now a website containing general information on all aspects of recovering from Covid 19, including physical, emotional and psychological wellbeing. For further information please visit:

<https://www.nhsbt.nhs.uk/covid-19-research/plasma-donors/>

Latest Government Guidelines.

For all the latest government guidelines in relation to Covid 19 please visit:

<https://www.gov.uk/coronavirus>

Kingsteignton Covid Newsletter November 2020.

Website - www.kingsteigntonmedicalpractice.com

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People who are most at risk from the complications of flu are recommended to get a flu vaccine every year. This winter it is especially important with flu and coronavirus (COVID-19) both in circulation. Research shows that if you get both at the same time you may be more seriously ill.

Flu Campaign 2020

We have been running our Flu campaign since the beginning of September and we are really grateful for everyone who has attended for their vaccination. We have held two Saturday clinics as well as many catch up clinics throughout the weekdays. We have currently vaccinated over 2800 patients.

To check if you are eligible for the vaccine please visit:

<https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/>

Flu Vaccination for the healthy 50-64 year olds.

We have been informed that there is a sufficient national supply of flu vaccinations for the cohort of 50-64 year olds. The practice is in the process of sourcing the additional vaccines. Once we have secured a supply we will start to invite this group of patients to attend the surgery for a vaccination.

We hope to have a flu clinic underway by mid-January.

Please do not contact the practice to book an appointment unless we have asked you to.

Kingscare Patient Support.

Kingscare continue to be busy during these times supporting patients in the area, please visit their website for more information on the services they are able to offer currently.

<https://kingscare.co.uk/>

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